

RESTORE BALANCE

This Morning

Our Super Foods breakfast menu features revitalizing dishes made from powerhouse ingredients rich in nutrients and antioxidants and taste delicious so you can start your day feeling recharged.

WESTIN FRESH BY THE JUICERY

JUICES

Apple, spinach, lemon, parsley 9

Carrot, honeydew melon, turmeric 9

Celery, cucumber, lime & coconut water 8

Papaya, pineapple, mint 10

SMOOTHIES

Blueberries, acai, banana, goji juice, coconut water 9

Kale, spinach, banana, mango & cinnamon 8

Strawberries, banana, goji berries, coconut milk 8

Raspberries, strawberries, mint, rosewater, dates & almond milk 9


INVIGORATE

MARKET PICKED FRUITS AND  GF
BERRIES

A bountiful selection of the season's best 12

CRUNCHY OATMEAL & ALMOND  GF
MAPLE GRANOLA

With dehydrated fruits and choice of milk 9

STEEL-CUT CINNAMON-SCENTED  GF
OATMEAL

Green apples, walnuts and honey drizzle 7

ASSORTED DRY CEREALS

Choose from a variety, including gluten free 5

ORGANIC PASTEL EGG WHITE AND  GF
ALL NATURAL TURKEY OMELET

Laced with arugula and low fat cheddar, served with tomato and avocado salad 12

SCRAMBLED EGGS & SALMON TACO  GF

Avocado, salsa picante, queso fresco 11

EGG WHITE, QUINOA & SPINACH  GF
FRITTATA

Kale and roasted peppers 12



Service charges and government taxes are additional.

***These nutritional powerhouse foods can help extend your health span - the extent of time you have to be healthy, vigorous and vital.* - Dr. Steven Pratt, author of *SuperFoodsRx: Fourteen Foods That Will Change Your Life*.

We pride ourselves in providing gluten friendly menu choices. While we endeavor to carefully prepare those meals to accommodate a gluten-free diet please be aware that they may be prepared in an environment where gluten is present. Please ask your server to assist you in making your selection. Please consult your physician as to your personal health decisions.

** Ask your server about menu items that are cooked to order or served raw. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

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INDULGE

TOWN CENTER

Two eggs as you like, with sausage links, applewood smoked bacon or grilled ham, crisp hash browns and a breakfast beverage 13

CAKES AND EGGS

Two eggs cooked to order, two buttermilk pancakes with your choice of ham, sausage or applewood bacon 12

GLUTEN FREE FRENCH TOAST

Served with maple caramelized apples and cranberries 10

GRILLED HAM AND EGGS

Organic eggs done your way, crispy hash browns, choice of grilled ham, bacon or sausage, and toast or English muffin 13

BANANA BLUEBERRY PANCAKES

Ricotta, cornmeal and orange maple syrup 10

BLT POACHED EGGS WITH OLIVE OIL HOLLANDAISE

Served with crispy hash brown potatoes 12

BREAKFAST TABLE

Seasonal fruits and berries, yogurt, steel-cut oatmeal, whole grain cereals, all-natural granola, scrambled eggs, smoked bacon, sausage links, breakfast potatoes, bakery selection, bagels with cream cheese, selection of breakfast juices, freshly-brewed Starbucks coffee and assorted Tazo teas 17

OPTIONS

BOWL OF FIELD GROWN FRUITS AND  GF
BERRIES

A bright mix of the season's best 6

LOW-FAT YOGURT  GF

Choice of fruit, berry or plain 4

Smoked Bacon, Breakfast Sausage links or Grilled Ham 4

Crispy Hash Brown Potatoes 4

THE BAKERY BASKET

A buttery croissant, daily muffin, your choice of English muffin, sourdough, multi-grain, rye, or white toast with butter, honey and preserves 5

FRESHLY BAKED BAGEL

Philadelphia cream cheese 3

BEVERAGES

JUICE

Orange or tomato 4 

Grapefruit, apple or cranberry 4


STARBUCKS COFFEE

Freshly-brewed regular or decaffeinated 4

Cappuccino or Latte 5

Espresso 5

Iced Coffee 4

Assorted Tazo Teas 4 

Milk 

Regular, non-fat, 2%, chocolate or soy 3

